

## Protective Effect of Deferricoprogen Isolated from *Monascus purpureus* NTU 568 on Citrinin-Induced Apoptosis in HEK-293 Cells

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**ABSTRACT:** *Monascus* species have traditionally been used in Asian food, with rice as their fermentation substrate. Red mold rice (RMR) contains citrinin, a nephrotoxic agent capable of exerting oxidative stress and cellular apoptosis. We investigated the components in RMR that could minimize the adverse effects of citrinin. Combining chemical separations and bioactivity assays, we identified an antioxidative component called deferricoprogen (DFC) in the fermented rice of *Monascus purpureus* NTU 568. The DFC structure was confirmed by nuclear magnetic resonance (NMR) and mass spectra analysis. The 2,2-diphenyl-1-picrylhydrazyl (DPPH) free-radical-scavenging activity of DFC was similar to that of vitamin E. The 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT) assay and flow cytometric analysis showed the effect of DFC and citrinin on cell viability and cell cycle. DFC was found to be protective against the cytotoxicity and cell death induced by citrinin on human embryonic kidney (HEK-293) cells. DFC also demonstrated anti-apoptotic property in preventing citrinin-induced apoptosis.

**KEYWORDS:** Citrinin, HEK-293 cells, deferricoprogen, *Monascus purpureus*, nephrotoxicity

### ■ INTRODUCTION

*Monascus* species have traditionally been used to make food more colorful and easy to preserve in Asian countries for thousands of years. Recently, *Monascus*-fermented rice, also known as red mold rice (RMR), has been reported to possess a variety of biological functions, such as hypolipidemic effects,<sup>1</sup> antifatigue activities,<sup>2</sup> neuroprotective properties against Alzheimer's disease,<sup>3,4</sup> prevention of obesity,<sup>5</sup> and carcinogenesis<sup>6,7</sup> or tumor progression.<sup>8</sup>

Several bioactive secondary metabolites from *Monascus* species have been identified and characterized. For example, a family of monacolins possessed HMG-CoA reductase inhibitory activity.<sup>9</sup> Other bioactive secondary metabolites, including  $\gamma$ -aminobutyric acid (GABA) and dimeric acid, have been considered to possess hypotensive<sup>10,11</sup> and antioxidant activities.<sup>12</sup> In addition, yellow pigments in *Monascus* species were demonstrated to possess cytotoxic and anti-inflammatory effects.<sup>13,14</sup>

However, *Monascus* species produce a mycotoxin known as citrinin.<sup>15,16</sup> The kidney is the major target organ of citrinin toxicity.<sup>17</sup> In an animal study, the continuous exposure of male mice to 200 mg/kg of citrinin through feed for 70 weeks caused mild renal lesions.<sup>18</sup> *In vitro* studies also confirmed that oxidative stress was an important mechanism in citrinin-induced cytotoxicity and cell death.<sup>19,20</sup> Because of its nephrotoxicity, the contents of citrinin need to be considerably reduced in RMR and other fermented products of *Monascus* species.

Recently, resveratrol was reported to inhibit citrinin-induced apoptosis in human hepatoma G<sub>2</sub> cells by its antioxidative activity.<sup>21</sup> In this study, we investigated antioxidative

components of RMR that could minimize the nephrotoxicity of citrinin. To carry out this study, we combined chemical separations and bioactivity assays to purify an antioxidative component called deferricoprogen (DFC) from the fermented rice of *Monascus purpureus* NTU 568. We also designed several experiments to investigate the protective effects of DFC against cell injuries because of citrinin on human embryonic kidney (HEK-293) cells.

### ■ MATERIALS AND METHODS

**General Experimental Procedures.** Nuclear magnetic resonance (NMR) spectra were run on a Bruker NMR (Unity Plus 400 MHz; Bruker BioSpin, Rheinstetten, Germany) using *d*<sub>4</sub>-methanol as the solvent. High-performance liquid chromatography (HPLC) separations were performed on a Shimadzu LC-6AD series apparatus with a SPD-6AV UV detector, equipped with a 250 × 20 mm inner diameter preparative Cosmosil AR-II column (Nacalai Tesque, Inc., Kyoto, Japan).

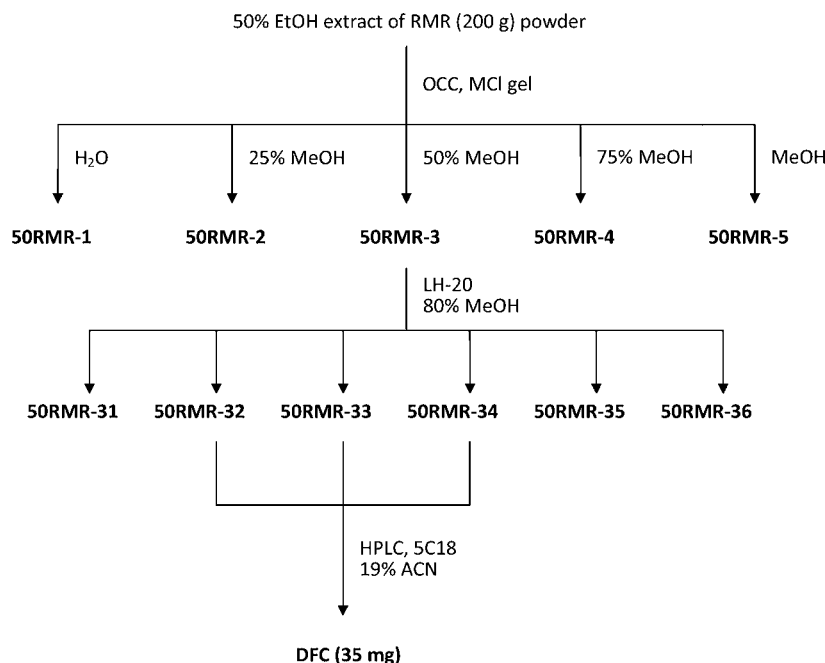
**Reagents.** Methanol, acetonitrile (HPLC grade), ethanol, and methanol (analytical grade) were purchased from ECHO (Miaoli, Taiwan). Fetal bovine serum (FBS), minimum essential medium (MEM), Dulbecco's modified Eagle's medium (DMEM), phosphate-buffered saline (PBS), and trypan blue were purchased from Biological Industries (Kibbutz Beit-Haemek, North District, Israel). Other chemicals, such as 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT), dimethyl sulfoxide (DMSO), 2,2-diphenyl-1-picrylhydrazyl (DPPH), vitamin E, and propidium iodide, were obtained from Sigma (St. Louis, MO).

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**Figure 1.** Flowchart for the isolation of DFC from RMR extracted in 50% ethanol.

**Extraction and Purification.** Isolations of DFC were performed using an activity-directed procedure; the isolation flowchart is shown in Figure 1. Briefly, the dried RMR was extracted with 50% ethanol. After filtration and concentration, the 50RMR (defined as the dried residue of 50% ethanol extract) was subject to chromatography on a MCI gel (CHP 20P, 75–150  $\mu\text{m}$ ; Mitsubishi Chemical Industries, Tokyo, Japan) to generate five fractions labeled 50RMR-1, 50RMR-2, 50RMR-3, 50RMR-4, and 50RMR-5. The antioxidative activities of these fractions were tested by a standard DPPH method. The fraction with the highest DPPH scavenging activity (50RMR-3) was further subjected to chromatography on a Sephadex LH-20 gel (Pharmacia Fine Chemicals AB, Uppsala, Sweden) to generate six fractions. Finally, the three fractions (50RMR-32, 50RMR-33, and 50RMR-34) that possessed the highest DPPH scavenging activities were purified by preparative HPLC to obtain purified DFC.

**DPPH Radical Scavenging Assay.** The antioxidative activity to scavenge DPPH free radicals was quantitated using a modified antioxidant assay.<sup>22</sup> Briefly, 0, 5, 10, 20, 50, 100, and 200  $\mu\text{g}/\text{mL}$  of the test agents were mixed with 0.004% DPPH in methanol for 30 min. The mixture was then analyzed by spectrophotometry with an absorbance at 517 nm, which provided a relative estimate of the DPPH radical-scavenging activity.

**Cell Lines and Culture.** The human kidney cancer cell line HEK-293 was obtained from Bioresource Collection and Research Center (Hsinchu, Taiwan). Cells were maintained in MEM (including 5% FBS) in a humidified incubator with 5%  $\text{CO}_2$  at 37  $^\circ\text{C}$ .

**Cytotoxicity Assay.** The cytotoxicity assay was a modified version of the reported methods.<sup>23,24</sup> HEK-293 cells ( $3 \times 10^3$  per well) were seeded with 180  $\mu\text{L}$  of MEM in 96-well plates. After 4 h, 20  $\mu\text{L}$  of the test agents dissolved in PBS solution was added and incubated in a 37  $^\circ\text{C}$  incubator with 5%  $\text{CO}_2$ . After culturing for 24 h, 20  $\mu\text{L}$  of the MTT solution (2 mg/mL) was added to each well and incubated for 4 h for the cellular conversion of a tetrazolium salt into a formazan product. Next, the supernatant was removed, and 200  $\mu\text{L}$  of DMSO was added to dissolve the formazan. Finally, the formazan was now detectable at an absorbance of 570 nm and provided a relative estimate of the cell viability.

**Assay of DNA Contents by Flow Cytometry.** HEK-293 cells ( $5 \times 10^4$  per well) were seeded with MEM (2 mL) in 6-well plates. After 12 h, test agents dissolved in MEM solution (2 mL) were added. After 24 h of incubation, the cells were harvested and fixed with 80% ethanol for 30 min. Next, the cell pellets were washed 3 times with PBS and

co-incubated with propidium iodide (4  $\mu\text{g}/\text{mL}$ ), Triton X-100 (1%), and RNase (0.1  $\mu\text{g}/\text{mL}$ ) in the dark for 30 min. Finally, the cells were analyzed by flow cytometry (FACSCalibur, Ser. No. E1577; BD Biosciences, Franklin Lakes, NJ) equipped with the CellQuest software to provide a relative estimate of the DNA content.

**Caspase Activity Assay.** Cells ( $5 \times 10^5$ ) were seeded with 10 mL of media in a 75  $\text{cm}^2$  flask. After 12 h, 10 mL of the test agent media was added to cells in the flask. After 24 h of incubation, the cells were harvested and tested for caspase-3 and caspase-9 activities using a colorimetric assay kit (BioVision, Linda Vista Avenue, CA). Caspase activity was determined according to the protocol of the manufacturer.

**Statistical Analysis.** Data were presented as the mean  $\pm$  standard deviation ( $n = 3$ ). The statistical comparisons were performed by one-way analysis of variance (ANOVA) with Duncan's test. The significant differences were indicated as  $p < 0.05$ .

## RESULTS

**Bioactivity-Directed Isolation of Antioxidative Components from RMR.** Combining chemical separations and bioactivity assays, isolation of antioxidative components from RMR was performed as in the flowchart in Figure 1. Each fraction was examined and investigated for the antioxidative components by a standard DPPH method. Finally, the DPPH free-radical-scavenging activities of each fraction or pure compound were screened, as listed in Table 1. Briefly, the antioxidative components of RMR were rich in the 50% ethanol extracts or the fraction eluted with 50% methanol (50RMR-3). Because 50RMR-3 possessed the highest DPPH scavenging activity (90.1% at 200  $\mu\text{g}/\text{mL}$ ), it was further separated into additional fractions. Three of these fractions (50RMR-32, 50RMR-33, and 50RMR-34) that showed the highest DPPH scavenging activities (ranging from 90.6 to 96.7%) were purified by HPLC to obtain the antioxidative compound, DFC.

**Identification of DFC from RMR.** We purified DFC by preparative HPLC in the final step and characterized it according to the following MS and NMR data. ESIMS  $m/z$ : 791.5 [ $\text{M} + \text{Na}$ ] $^+$  and 767.5 [ $\text{M} - \text{H}$ ] $^-$ ;  $\text{C}_{35}\text{H}_{56}\text{N}_6\text{O}_{13}$ .  $^1\text{H}$  NMR ( $\text{CD}_3\text{OD}$ , 400 MHz)  $\delta$ : 6.30 (brs, H-7, 7', 7''), 4.38 (t,  $J = 8.0$  Hz, H-2''), 4.31 (m, H-10'), 4.01 (brs, H-2, 2'), 3.70 (t,  $J$

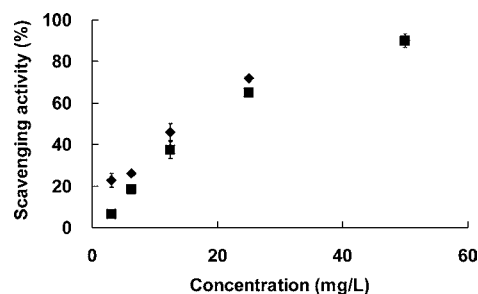
**Table 1.** DPPH Radical Scavenging Activities on RMR Extracts or Fractions at 200  $\mu\text{g/mL}$ 

sample	scavenging activity (%)
RMR	17.1 $\pm$ 0.5
50RMR	28.6 $\pm$ 0.3
50RMR-1	7.2 $\pm$ 0.6
50RMR-2	83.7 $\pm$ 1.2
50RMR-3	90.1 $\pm$ 1.4
50RMR-4	79.1 $\pm$ 1.2
50RMR-5	5.0 $\pm$ 0.4
50RMR-31	47.1 $\pm$ 1.1
50RMR-32	95.2 $\pm$ 1.5
50RMR-33	96.7 $\pm$ 1.3
50RMR-34	90.6 $\pm$ 1.4
50RMR-35	57.7 $\pm$ 0.9
50RMR-36	32.7 $\pm$ 0.5
vitamin E	100.0 $\pm$ 1.6

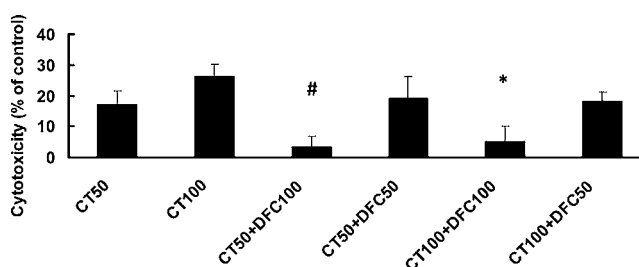
= 6.4 Hz, H-10, 10"), 3.66 (brs, H-5, 5', 5"), 2.49 (t, 7.6, H-9'), 2.36 (brt,  $J$  = 6.4 Hz, H-9, 9"), 2.07 (brs, H<sub>3</sub>-11, 11', 11"), 1.97 (s, H<sub>3</sub>-13), 1.83 (m, H-3, 3', 3", 4, 4'), 1.75 (m, H-4, 4'), 1.68 (m, H-3", 4"). <sup>13</sup>C NMR (CD<sub>3</sub>OD, 100 MHz)  $\delta$ : 173.5 (C-1", C-12), 170.4 (C-1, C-1'), 169.6 (C-6, C-6"), 169.3 (C-6'), 152.7 (C-8, C-8"), 151.3 (C-8), 118.4 (C-7'), 117.8 (C-7, C-7"), 63.7 (C-10'), 60.9 (C-10, C-10"), 55.7 (C-2, C-2'), 53.8 (C-2"), 48.4 (C-5, C-5', C-5"), 44.8 (C-9, C-9"), 40.5 (C-9'), 32.4 (C-3, C-3'), 29.6 (C-3"), 24.5 (C-4'), 23.5 (C-4, C-4'), 22.3 (C-13), 18.9 (C-11, C-11', C-11"). In the above notations, brs represents a broad singlet and brt represents a broad triplet. Because these MS and NMR data were matching the published report,<sup>25</sup> we confirmed that the compound was DFC. The structure of DFC was similar to dimeric acid, which was a known antioxidant in *Monascus* species (Figure 2).

**DPPH Free-Radical-Scavenging Activities of DFC.** To evaluate the antioxidative effects of DFC, we used the DPPH assay and selected vitamin E as a positive control (Figure 3). The DPPH free-radical-scavenging activity of DFC (IC<sub>50</sub> = 15.37  $\mu\text{g/mL}$ ) was similar to that of vitamin E (IC<sub>50</sub> = 11.86  $\mu\text{g/mL}$ ). The findings implied that DFC was a suitable agent for chemoprevention studies against reactive oxygen species (ROS)-related damages in the subsequent step. For example, we established a cell model to explore the cytotoxicity of citrinin on the kidney HEK-293 cell line.

**Protective Effects of DFC against Citrinin-Induced Cytotoxicity on HEK-293 Cells.** To study the protective effects of DFC, we treated HEK-293 cells with citrinin (50 or

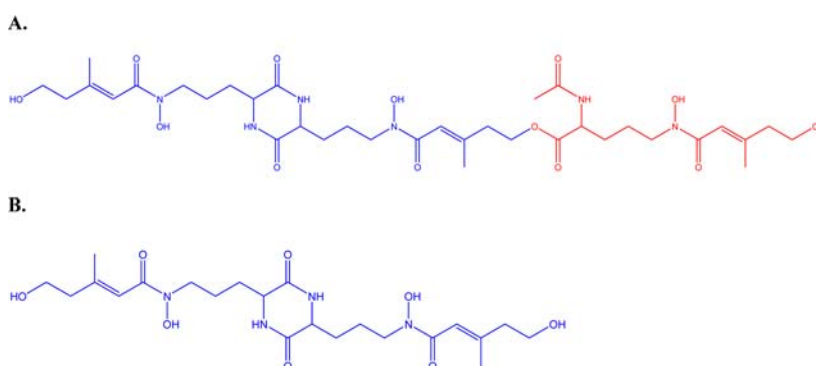
**Figure 3.** Free-radical-scavenging activities of DFC and vitamin E evaluated by the DPPH assay. The DPPH free radical was incubated with 3.13, 6.25, 12.5, 25, and 50  $\mu\text{g/mL}$  DFC and vitamin E in the dark for 30 min. Data were expressed as the mean  $\pm$  standard deviation (SD) ( $n$  = 3): (◆) vitamin E and (■) DFC.

100  $\mu\text{M}$ ), DFC (50 or 100  $\mu\text{g/mL}$ ), and both of them for 24 h. After the treatments, we used a MTT assay to analyze cell viability (Figure 4). Treatment of HEK-293 cells with citrinin

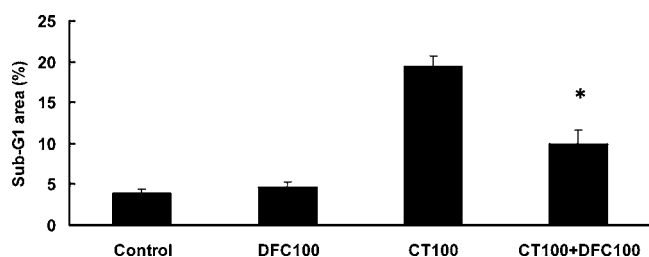
**Figure 4.** Protective effects of DFC against citrinin-induced cytotoxicity on HEK-293 cells. Cells were treated with citrinin (50 or 100  $\mu\text{M}$ ), DFC (50 or 100  $\mu\text{g/mL}$ ), or both for 24 h. Data were expressed as the mean  $\pm$  SD ( $n$  = 3). (\*) Significantly different ( $p$  < 0.01) versus the treatment of citrinin (50  $\mu\text{M}$ ). (#) Significantly different ( $p$  < 0.01) versus the treatment of citrinin (100  $\mu\text{M}$ ).

(50 and 100  $\mu\text{M}$ ) resulted in cytotoxic activity against HEK-293 cells in a dose-dependent manner. However, treatment with sufficient DFC (100  $\mu\text{g/mL}$ ) resulted in significant reductions of citrinin-induced cytotoxicity. The decrease in cytotoxicity possibly resulted from stimulation of cellular proliferation or prevention of cell deaths. Therefore, we investigated the changes in the cell cycle.

**Decrease of Citrinin-Induced Cell Deaths by DFC on HEK-293 Cells.** To study alternations of the cell cycle, we treated HEK-293 cells with citrinin (100  $\mu\text{M}$ ), DFC (100  $\mu\text{g/mL}$ ), or both for 24 h. After the harvesting of cells, we used

**Figure 2.** Structures of (A) deferricoprogen and (B) dimeric acid.

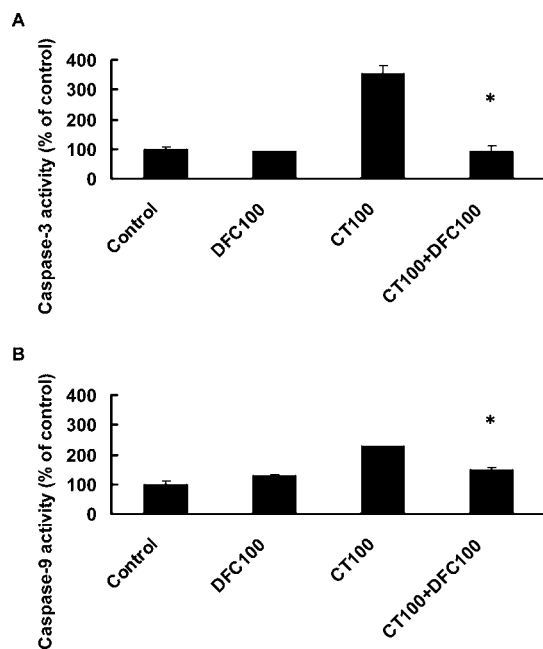
flow cytometry (propidium iodide staining) to analyze the ratio of the sub-G<sub>1</sub> area (Figure 5). Citrinin significantly induced



**Figure 5.** Flow cytometric analysis of the sub-G<sub>1</sub> area of HEK-293 cells. Cells were treated with citrinin (100  $\mu$ M) or DFC (100  $\mu$ g/mL) or co-treated with both of them for 24 h. Data were expressed as the mean  $\pm$  SD ( $n = 3$ ). (\*) Significantly different ( $p < 0.05$ ) versus the treatment of citrinin (100  $\mu$ M).

about 5-fold greater cell death than the control group, while DFC showed no differences. However, treatment of HEK-293 cells with DFC revealed a 60% reduction of citrinin-induced cell deaths. The results suggested that DFC could prevent cell deaths induced by citrinin and maintain the survival of cells. In the next step, we followed a standard apoptotic approach to investigate the caspase activations by citrinin and DFC treatment.

**Decrease of Citrinin-Induced Caspase Activations by DFC in HEK-293 Cells.** HEK-293 cells were treated with citrinin (100  $\mu$ M), DFC (100  $\mu$ g/mL), or both for 24 h. After the treatments, we analyzed the enzyme activities of caspase-3 and caspase-9 using a colorimetric assay kit (Figure 6). Citrinin significantly induced about 3-fold greater caspase-3 activation than the control group, while DFC showed no differences. However, treatment with DFC decreased the citrinin-induced



**Figure 6.** Protective effects of DCF against citrinin-induced caspase activations on HEK-293 cells. Cells were treated with citrinin (100  $\mu$ M) or DFC (100  $\mu$ g/mL) or co-treated with both of them for 24 h. (\*) Significantly different ( $p < 0.05$ ) versus the treatment of citrinin (100  $\mu$ M).

caspase-3 activation to basal levels. Treatment of HEK-293 cells with DFC also exhibited a significant decrease in citrinin-induced caspase-9 activation. Thus, DFC demonstrated an anti-apoptotic potential in preventing citrinin-induced apoptotic events, such as caspase-3 and caspase-9 activations.

## DISCUSSION

RMR was recognized to contain various bioactive components, which were associated with chemoprevention. In prior studies, our group demonstrated that yellow pigments in *Monascus* species possessed antitumor properties.<sup>26,27</sup> In this study, we used bioactivity-directed isolation to obtain antioxidative components from the fermented products of *M. purpureus* NTU 568 and further investigated its protective effects. We have successfully identified an antioxidative compound called DFC, which directly removed DPPH free radicals at low dosages ( $IC_{50} = 15.37 \mu$ g/mL). In a previous study, an antioxidant dimeric acid was identified in *Monascus anka*, and it was effective in reducing carbon tetrachloride-induced liver injury in a mice model.<sup>28</sup> Recently, a type of *Monascus* pigment, monascin, was shown to diminish oxidative damage in a *Caenorhabditis elegans* model.<sup>29</sup> All evidence suggest that RMR is a natural food with excellent protective effects against oxidative or other chemical stresses.

In this study, we selected citrinin as a chemical challenge to stimulate the human kidney cell line HEK-293. Using the MTT assay and flow cytometric analysis, we found that citrinin inhibited the cell viability of HEK-293 cells, resulting in their accumulation in the sub-G<sub>1</sub> area. Moreover, we also observed that citrinin induced several apoptotic hallmarks, such as caspase-3 and caspase-9 activations. These results were consistent with the findings of several prior studies reporting that citrinin increased ROS levels and caspase-3 activity in HEK-293 cells<sup>30</sup> and a human osteoblast cell line.<sup>31</sup> The results of all of these studies have confirmed that citrinin-induced apoptosis was potentially triggered by ROS-related damage.

In this study, we also co-incubated the isolated DFC with citrinin in HEK-293 cells. During the co-treatment, DFC effectively reduced citrinin-induced loss of cell viability. After analyzing the upstream events, we found that caspase-3 and caspase-9 activations induced by citrinin were further down-regulated by DFC. Similarly, resveratrol was reported to inhibit citrinin-induced apoptosis in human hepatoma G<sub>2</sub> cells.<sup>21</sup> This evidence has suggested that the protective effects of DFC or other antioxidants primarily resulted from their antioxidative properties. It is possible that these antioxidants inhibited ROS levels and subsequently reduced several mitochondria-mediated apoptotic responses,<sup>32</sup> such as caspase-9 and caspase-3 activations.<sup>33</sup>

Following the nephrotoxicity concerns of citrinin, several studies have been performed by our group, including the selection of *Monascus* strains with low citrinin production levels,<sup>34</sup> adjustment of fermentation procedures to reduce the production of citrinin,<sup>35–37</sup> or establishment of the quantification methods of citrinin.<sup>38</sup> A prior toxicity study has suggested that citrinin concentrations within 200 ppm in *Monascus*-fermented products will not negatively affect the functions of the liver and kidneys.<sup>39</sup> However, the citrinin level in *Monascus*-fermented products remains strictly limited as 2 ppm in European countries. In this study, we showed that 100  $\mu$ g/mL DFC was sufficient to diminish the nephrotoxicity induced by 100  $\mu$ M citrinin on HEK-293 cells. In comparison to the general content of citrinin (2–20 ppm) in *Monascus*-fermented

products, the DFC content (175 ppm) in RMR from *M. purpureus* NTU 568 was about 10-fold greater. These results strongly suggest that RMR fermented from *M. purpureus* NTU 568 is considered very safe because of the available amount of DFC.

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### Notes

The authors declare no competing financial interest.

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